

Name: _____

Date: _____

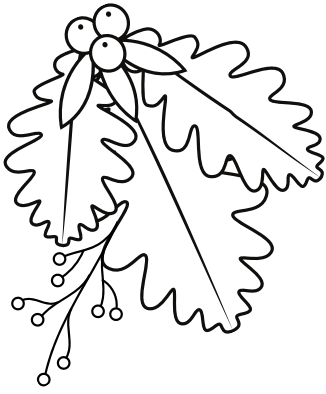


Gratitude Jar



In the jar below, please write down everything you are thankful for!





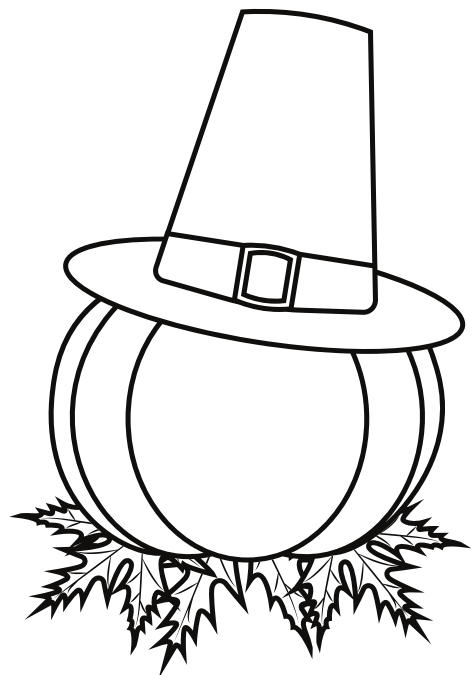
I AM

THANKFUL

FOR



By: _____



Name: _____

Date: _____

MY GRATITUDE HAND

Each day, use the fingers of your hand to think of five people, places, or things you are grateful for in your life. Use this worksheet to write down all the things you are grateful for today.

1. _____

2. _____

3. _____

4. _____

5. _____

